My children as listed below are hereby exempt from all suggestions, guidelines, and rules that claim to force the wearing of masks. Obstructing breathing for my children is dangerous to their health and is a violation of Utah’s laws recognizing parental supremacy. I am not asking permission. I am informing you of the law and I expect compliance.

[Child Name] – Birth Date: [Child Birth Date]

[Child Name] – Birth Date: [Child Birth Date]

[Child Name] – Birth Date: [Child Birth Date]

The governor’s current executive order allows for numerous exemptions. I expect these exemptions to be honored for my children as found in Executive Order 2020-48 Section 3 and State Health Order 2020-11 Section 3

Any attempt to force or intimidate my children into wearing a mask while I am not present may be considered a crime under various applicable laws. Denying my children access to the physical premises may be met with legal action. We are taxpayers and expect full access to public buildings without discrimination for any reason. Denying my children access to the school while claiming it is somehow a law is a violation of US Code Title 18 Section 242 which provides criminal penalties for a government representative depriving someone of their rights under the color of law.

In addition to the executive order, there is currently no law in Utah that can force any adult or child to wear a mask under any condition against their will. Article VI of the Utah State Constitution grants legislative power to the legislature and the people through referendum, not to any administrator, school board, health department or governor.

Utah law and the Utah State Constitution recognize that parental rights are superior to other interests and allows for parents to make decisions for their children in all matters.

Utah Code 62A-4a-201 states that Utah recognizes the rights of parents, and the state may not interfere with the decisions parents make for their children without proper due process.

*“Under both the United States Constitution and the constitution of this state, a parent possesses a fundamental liberty interest in the care, custody, and management of the parent's children. A fundamentally fair process must be provided to parents if the state moves to challenge or interfere with parental rights. A governmental entity must support any actions or allegations made in opposition to the rights and desires of a parent regarding the parent's children by sufficient evidence to satisfy a parent's constitutional entitlement to heightened protection against government interference with the parent's fundamental rights and liberty interests”*

Our family’s healthcare decisions are between us and the medical professionals we choose, not the government. I will not jeopardize my family’s health because evidence shows many risks of wearing masks, including, but not limited to, the following:

* Hypoxia: When body tissue does not get enough oxygen
* Hypercapnia: When elevated levels of carbon dioxide in the blood can cause dizziness, shortness of breath, headaches, and in extreme cases, hyperventilation, seizures and possible death (Found in OSHA regulations)

I also believe it to be a religious obligation to care for my children’s health, and find it a violation of religious freedom to be compelled to engage in behavior that I expect to jeopardize health.

We do not need permission to exercise our constitutional rights as parents, nor can we be compelled to go through any bureaucratic process before our rights are granted to us. Those rights existed and may be exercised by us simply stating them, as we have done here.

Thank you for your compliance with the law.

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[Father’s Name] (Father) (Date)  
[Home Address]

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[Mother’s Name] (Mother) (Date)  
[Home Address]